

This is a guide to what it is like to work with us. We hope you get excited reading it! Let us know what you think

WHO ARE WE?

Hobart Wonderings is a young, growing service for children, young people and families. If you are interested in family therapy, mental health, working collaboratively with schools and multidisciplinary teams then Hobart Wonderings could be your next workplace.

We feel very clear about the services we offer and our ambitions for our community. We are not another paediatric OT service. We are extending all of our clinical skills into areas that we love in the mental health landscape which helps us to stay energised.

Myf holds a Masters in Family Therapy which is leading our growth and positioning our business as a family focused company. This work compliments the work with children and young people.

OUR PURPOSE

There has never been a more important time to help children and young people feel connected to their families and protect their mental health.

We invite you to be part of our vision in building a multidisciplinary mental health team for children, young people and their families, read on for more details on who we are and how we do things at Hobart Wonderings. We are extending our reach with workshops, webinars and group work for children, parents and teachers.

OUR VALUES

We believe it is so important that our values underpin all the decisions we make in our business. We do more than display our values in a pretty poster, we aim to work by them as a team and with our community.



PROFILE OF OUR TEAM

We value and support the highest quality, evidence based interventions to the families we work with.



Myf started Hobart Wonderings with a mission of bringing Occupational Therapy and mental health to our community's attention. Myf has extensive work experience and training in child and adolescent mental health services over 20 years in Melbourne and Hobart. Myf has developed a service that prides itself on being responsive, welcoming and family focused. Myf has a Masters in Clinical Family Therapy and is a childrens and teens yoga teacher.



Bec is also a very experienced Occupational Therapist of 20 years in paediatrics, with Masters level qualifications and is an Art Therapist and Children's Yoga teacher. Bec is our group work and neurodiversity extraordinaire!



Niels is an experienced, fun and warm mental health social worker who specialises in the 12-25 age range. He has great connections with the local mental health and school services and he loves the outdoors!



Lauren is also an Occupational Therapist with 10 years of clinical experience in a range of mental health settings. She is passionate about neurodiversity affirming practice and supporting clients to engage in meaningful occupations. Lauren has a great appreciation of nature and especially enjoys the opportunity to go hiking.



Chloe has practised in NSW and Tasmania and has experience in providing holistic trauma-informed services and working with children who have difficulties with anxiety, modulating attention, sensory processing, school learning, play and social-emotional learning, motor and organisational skills and sleep and feeding.



Tess is our therapy assistant, she has years of experience as a teachers assistant in primary and secondary schools. She is vibrant, energetic, ready to learn and a fantastic asset to our team. Tess helps us run all of our groups and sees clients with our guidance to support their goals.



Our clinical work flow could not happen without Serena and her team of Structured Practice Management. Daphne is our main contact and you can find her in person twice a week at the moment. Structured PM is a Tassie local business who supports us with day to day running of our calendars virtually AND in person.

AS AN EMPLOYEE HOW AM I VALUED?

As a team member, you are our priority. We value and maintain a considered, kind and warm approach to each other. We celebrate you and what you bring to the team and promote your growth.

We acknowledge what is working well and where the challenge points are in our day to day work and create change efficiently to support you to be the best version of yourself. We celebrate our magic moments that happen in our work and in the team development, knowing that everyone is doing amazing work that deserves recognition.

We connect over our regular in house and external professional development opportunities, our team check in points and over social coffees or activities. We respect your decisions about what will work best for your life work balance and work with you to achieve this.

We value your input into how we run our business and use our team planning days that happen over the year. We have structured, regular meetings with clear agendas so you never need to feel lost or unclear about what is expected of you. Your regular contact with business owner, Myf ensures your needs are being met and your ideas are being heard.

COMMITMENT TO CAREER DEVELOPMENT

Meeting your individual needs:

- We work with you to ensure we deliver on your learning goals, career pathways and endeavours. To do this, we provide regular supervision (frequency negotiated)to support you to extend beyond your learning edges, building your clinical competence and confidence.
- We have thoughtful structures to our performance development planning for you, to make sure that you get the most out of your time with us.
- If employed with our team your Professional Development budget will allow you \$1000 in your first year (pro rata) with us and beyond that \$2000 (pro rata) per year to inspire you and drive clinical excellence.

As a team, our commitment to career development:

- Fortnightly peer mentoring program
- Journal club four times a year.
- External providers and internal presentations are provided.

CURRENT TEAM GOALS

We have excellence, flexibility and creativity at the heart of our staff ethos and team goals directed at supporting you to grow into areas you've only dreamed of.

Our connection and relationships in the community have afforded us awesome collaborations with schools and not for profit organisations. There are a number of exciting 2023 achievements and innovations for 2024 are already in the pipeline.

More specifically our 2023 team goals are:

- To continue to celebrate and acknowledge our work and each other
- To run more therapeutic groups for children, young people and their parents, with ideas to expand into the bush and ocean!
- To develop more resources for parents
- To finish our new Welcome Pack for new families
- To expand our team
- To introduce feedback informed treatment outcome measures
- To continue to develop our practice with a Neurodiversity Affirming informed approach.

WORK ENVIRONMENT

Our brand new therapy rooms are centrally located giving you easy access to all your personal needs and amazing coffee and lunch options in Sandy Bay! We also offer home, school and community visits.

You will have your own desk and therapy room spaces to choose from that are designed with specific purposes in mind for family, individual adolescent and younger children who might need to move.

We promote flexible work hours to suit your lifestyle needs and tap into your most productive individualised schedule.

We value your energy and emotional availability and set our achievable and impactful billable expectations accordingly. Seeing the children, young people and their families referred to us, we are confident you will enjoy a variety of clinical challenges and deliverable outcomes.

As an employee you will enjoy the use of your own Mac Book Air lap top and iPad with pencil to deliver your most efficient and electronically organised self to support your already amazing clinical skills.

We need you to use your own car but we pay \$1 per km for your petrol and maintenance.



Our waiting room and two of our four therapy rooms.



TEAM SUPPORTS

As an employee you will enjoy a wellness budget of \$200 per year that is available to spend on anything that contributes to your self care, i.e. a massage, night in a hotel, yoga classes etc.

You will also enjoy:

- Access to cloud based, world class practice management software for all clients records and requirements in the one highly efficient system.
- All the clients are recruited for you, scheduled and administrative tasks taken care of.
- You will enjoy full access to the incredible Structured Practice Management in person and virtual administration team.
- We have all the above and beyond policies and procedures when it comes to Human Resources supports.
- We have a range of standardised assessment forms, manuals, resource library in print and online to share.
- Company email address is provided and shared drive access with endless resources!
- Therapy room use, resources and office amenities.

• Full access to all of our service agreements, note and reporting templates.

Hobart Wonderings pays above the award rate and is negotiated based on experience training and team needs. As per an employee's rights, all leave arrangements will be included.

Not sure if you're ready to leave your current team?

Come and visit us, spend some time seeing how it feels when you're with us. Myf is happy to have a chat, she is passionate about talking to OTs!

Unsure if you have the skill set required?

Not a problem. We have a comprehensive 3 month onboarding process that will help you fly. Our fortnightly peer supervision sessions are an amazing learning platform and 1:1 supervision sessions tailored to your needs with a generous CPD budget to boot!

We are confident you will love the opportunity to be part of and contribute to a growing, community minded company with direct access to the founders' clinical skills and support at all times.

Our team is a lot of fun, we'd love to welcome you!

To think and chat further about whether or not we are the right fit for you and you are the right fit for us, call or message Myf on 0432 061 863 or <u>myf@hobartwonderings.com</u>.